I hereby certify that this correspondence is being filed by depositing it with the United States Postal Service as first class mail in an envelope with sufficient postage and addressed to MS: Fee Amendment, Commissioner of Patents, P.O. Box 1450, Alexandria, VA 22315-1460 of the date indicated below.

Signed:

Peter K. Trzyna (Reg. No. 32,601)

DEC 2 1 2005

December 19, 2005

PATENT

Paper No.

File: Hinne-P3-01

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Inventor

Michael Hinnebusch

Serial No.

10/015,866

Filed

Date:_

12 December 2001

For

SYSTEM AND METHOD TO IMPROVE FITNESS

TRAINING

Group Art Unit

3639

Examiner

NELSON, Freda Ann

Honorable Commissioner of Patents P.O. Box 1450 Alexandria, VA 22313-1450

RESPONSE TO NOTICE OF NON-COMPLIANT AMENDMENT

SIR:

The Examiner contends that the amendment document filed on 24 October 2005 is non-compliant because each claim was not provided with the proper status identifier.

Enclosed is a Corrected Amendment and Response which provides a proper status identifier for each claim.

The Examiner also contends that the amendment document filed 24 October 2005, is non-compliant because substitute specification pages are not permitted. Enclosed please find substitute specification including an instruction which unambiguously identifies the location of the paragraphs to be deleted and replaced.

The Examiner is invited to contact the undersigned at the telephone number set out below if it can in any way expedite or facilitate issuance of a patent on the application.

The application is believed to be in condition for allowance, and favorable action is respectfully requested. Please direct all correspondence to the undersigned at the address given below.

authorized to charge any fees associated with the above-identified patent application or credit any overcharges to Deposit Account No. 50-0235. Please direct all correspondence to the undersigned at the address given below.

Respectfully submitted,

Date: <u>December 19, 2005</u>

(Reg. No. 32,601)

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